



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Meusel, Sebastian

Total time: 1:20:43

Club: Lorsch

Number: 46

Course: 25.50 km

Rank in course/Total: 186 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 156 (of 241)

Best time in course: 57:44

Category:

Rank in category: 22(of 28)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:54	0.00	6	1:21	39	2:30	0.50	9:54	0.00	20		24	1:33
Rad	20.00	44:16	27.11	15	10:42	130	14:54	20.50	54:10	22.15	25	7:06	24	12:10
Lauf	5.00	26:33	11.30	20	8:30	146	19:49	25.50	1:20:43	18.58	22	19:18	157	22:59