



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Soworka, Markus**

**Total time: 1:20:53**

Club: Darmstadt

Number: 387

Course: 25.50 km

Rank in course/Total: 189 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 158 (of 241)

Best time in course: 57:44

Category:

Rank in category: 18(of 23)

männl. AK 2 (TM 25-29)

Best time in the category: 57:44

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	57:24	20.91	19	28:02	201	28:02	20.50	57:24	20.91	20	12:19	212	15:24	
Lauf	5.00	23:29	12.78	9	5:56	81	16:45	25.50	1:20:53	18.55	18	23:09	159	23:09	