



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Hirschel, Andreas

Total time: 1:24:11

Club: SKG Sprendlingen

Number: 16

Course: 25.50 km

Rank in course/Total: 229 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 187 (of 241)

Best time in course: 57:44

Category:

Rank in category: 23(of 29)

männl. AK 4 (TM 35-39)

Best time in the category: 1:03:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:26	0.00	12	3:01	94	4:02	0.50	11:26	0.00	24	0:35	28	3:05
Rad	20.00	46:26	25.84	18	12:50	148	17:04	20.50	57:52	20.74	26	5:51	18	15:52
Lauf	5.00	26:19	11.40	19	15:03	144	19:35	25.50	1:24:11	17.82	23	20:34	188	26:27