



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Hornig, Sandra

Total time: 1:08:43

Club: TV Gross-Zimmern

Number: 57

Course: 25.50 km

Rank in course/Total: 49 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 4 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 3(of 14)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:03:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Total ranking				
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	7:40	0.00	1	-	1	-	0.50	7:40	0.00	14			42	
Rad	20.00	38:43	30.99	3	3:23	7	4:43	20.50	46:23	25.87	11			36	
Lauf	5.00	22:20	13.43	4	2:33	5	3:27	25.50	1:08:43	21.83	3	5:04	4	6:03	