



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Diesing, Diana

Total time: 1:11:42

Club: MTV Kronberg

Number: 71

Course: 25.50 km

Rank in course/Total: 77 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 6 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 1(of 14)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:11:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	8:34	3.50	1	-	3	0:54	0.50	8:34	3.50	1	-	40	
Rad	20.00	39:04	30.72	1	-	8	5:04	20.50	47:38	25.82	1	-	43	
Lauf	5.00	24:04	12.47	3	1:02	13	5:11	25.50	1:11:42	21.34	1	-	6	9:02