



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Ihrig, Marion

Total time: 1:15:51

Club: KSV Reichelsheim

Number: 61

Course: 25.50 km

Rank in course/Total: 123 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 13 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 1(of 6)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:15:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:30	0.00	4	0:47	50	4:50	0.50	12:30	0.00	6	0:43	36	
Rad	20.00	40:08	29.90	1	-	10	6:08	20.50	52:38	22.80	7		39	
Lauf	5.00	23:13	12.92	1	-	7	4:20	25.50	1:15:51	19.78	1	-	13	13:11