



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Fabian, Ralf**

Club: SSG Bensheim

Number: 134

Total time: 1:02:20

Enduro E Bike

Category:

Senioren 2 (TM 45.49)

Rank in course/Total: 7 (of 317)

Rank in course/Men: 7 (of 241)

Best time in course: 57:44

Rank in category: 2(of 41)

Best time in the category: 1:00:40

### Intermediate times

### Stage score

### Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total |         | Total |             | Total          |            | Total         |      |
|-----------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------|---------|-------|-------------|----------------|------------|---------------|------|
|           |             |               |               |             |                |            |               | km    | Time    | km/h  | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |      |
| Schwimmen | 0.50        | 7:42          | 0.00          | 1           | -              | 2          | 0:18          | 0.50  | 7:42    | 0.00  | 31          |                |            | 181           |      |
| Rad       | 20.00       | 34:29         | 34.80         | 3           | 0:50           | 11         | 5:07          | 20.50 | 42:11   | 28.45 | 37          |                |            | 212           | 0:11 |
| Lauf      | 5.00        | 20:09         | 14.89         | 5           | 1:29           | 20         | 13:25         | -     | 1:02:20 | -     | 2           | 1:40           | 7          | 4:36          |      |