



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Ditter, Elke

Total time: 1:30:41

Club: Bensheim

Number: 73

Course: 25.50 km

Rank in course/Total: 275 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 60 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 1(of 2)

Seniorinnen 4 (TW 55-59)

Best time in the category: 1:30:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	13:39	2.20	1	-	59	5:59	0.50	13:39	2.20	1	-	9	0:54
Rad	20.00	47:36	25.21	1	-	48	13:36	20.50	1:01:15	20.08	1	-	12	0:26
Lauf	5.00	29:26	10.19	1	-	51	10:33	25.50	1:30:41	16.87	1	-	60	28:01