



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Lisso, Justin

Club: WSV Schmiedefeld a. Rstg.

Number: 14

Course: 2.70 km

Schülerlauf

Category:

männliche Schüler C

Total time: 13:51

Speed: 8.66 km/h

Running performance: 5:08 min/km

Rank in course/Total: 15 (of 24)

Rank in course/Men: 14 (of 19)

Best time in course: 10:07

Rank in category: 7(of 7)

Best time in the category: 11:41