



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

**Berndt, Irene**

Club: First Fitness

Number: 191

Course: 10.50 km

10 km Nordic Walking

Total time: 1:32:37

Speed: 6.80 km/h

metres in height up: 254

Course score: 13.81

performance score: 97 Points