



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Klitz, Reimund

Club: HSV Weimar
Number: 919

Course: 30.26 km
30 km-Lauf

Category:
Männer M55

Total time: 2:19:24

Speed: 12.91 km/h
Running performance: 4:37 min/km

Rank in course/Total: 4 (of 25)

Rank in course/Men: 4 (of 20)

Best time in course: 2:05:54

Rank in category: 1(of 3)

Best time in the category: 2:19:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	13.00	1:03:56	4:55	1	-	3	6:40	13.00	1:03:56	4:55	1	-	18	
Pleß	5.00	20:00	4:00	1	-	3	2:19	18.00	1:23:56	4:39	1	-	18	
Kilianskuppe	8.00	41:05	5:08	1	-	4	2:37	26.00	2:05:01	4:48	1	-	17	
Festplatz	4.26	14:23	3:22	1	-	4	1:54	30.26	2:19:24	4:36	1	-	4	13:30