



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Klitz, Reimund

Club: HSV Weimar
Number: 919

Course: 30.26 km
30 km-Lauf

Category:
Männer M55

Total time: 2:19:24

Speed: 13.02 km/h
Running performance: 4:37 min/km

Rank in course/Total: 4 (of 25)

Rank in course/Men: 4 (of 20)

Best time in course: 2:05:54

Rank in category: 1(of 3)

Best time in the category: 2:19:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Pleß | 13.00 | 1:03:56 | 4:55 | 1 | - | 3 | 6:40 | 13.00 | 1:03:56 | 4:55 | 1 | - | 18 | |
| Pleß | 5.00 | 20:00 | 4:00 | 1 | - | 3 | 2:19 | 18.00 | 1:23:56 | 4:39 | 1 | - | 18 | |
| Kilianskuppe | 8.00 | 41:05 | 5:08 | 1 | - | 4 | 2:37 | 26.00 | 2:05:01 | 4:48 | 1 | - | 17 | |
| Festplatz | 4.26 | 14:23 | 3:22 | 1 | - | 4 | 1:54 | 30.26 | 2:19:24 | 4:36 | 1 | - | 4 | 13:30 |