



Apoldaer MTB-Marathon

Apolda / 12.09.2010

Detailed evaluation

Kahl, Oliver

Club: Zee Aylien MTB Hagen www.OKSHOX.de
Number: 155

Course: 75.00 km
Langdistanz

Category:
Masters 2 - 4

Total time: 4:51:07

Speed: 15.46 km/h
Running performance: 15,46 min/km

Rank in course/Total: 19 (of 20)

Rank in course/Men: 19 (of 20)

Best time in course: 2:57:43

Rank in category: 7(of 7)

Best time in the category: 3:19:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	15.00	50:18	3:21	7	10:43	20	15:11	15.00	50:18	3:21	7	10:41	2	12:17
Lap 1	9.00	29:18	3:15	6	5:20	18	7:30	24.00	1:19:36	3:18	7	15:30	2	18:33
Last lap Finish	9.00	37:16	4:08	7	12:28	20	15:37	75.00	4:51:07	3:52	7	1:31:47	20	3:50:33