



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Preiß, Wolfgang

Club: Sc Borussia Bln. Friedrichsfelde
Number: 655

Course: 42.19 km
Marathon

Category:
Männer M55

Total time: 4:20:26

Speed: 9.68 km/h
Running performance: 6:10 min/km

Rank in course/Total: 65 (of 99)

Rank in course/Men: 60 (of 82)

Best time in course: 2:57:08

Rank in category: 6(of 9)

Best time in the category: 3:42:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:02:40	5:24	6	4:00	52	15:55	11.60	1:02:40	5:24	6	4:00	5	1:06
Lap 2	18.40	1:51:08	6:02	5	15:10	56	32:48	30.00	2:53:48	5:47	6	19:10	5	9:59
Lap 3	3.50	18:53	5:23	6	3:47	60	6:45	33.50	3:12:41	5:45	6	22:57	5	10:40
Last lap Finish	8.69	1:07:45	7:47	6	17:06	62	27:50	42.19	4:20:26	6:10	6	38:19	60	1:23:18