



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

Detailed evaluation

HALLMANN, Thomas

Club: Hildesheim

Number: 293

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 52:02

Speed: 10.38 km/h

Running performance: 5:20 min/km

Rank in course/Total: 118 (of 207)

Rank in course/Men: 106 (of 156)

Best time in course: 32:53

Rank in category: 13(of 20)

Best time in the category: 37:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:20	5:01	13	4:20	93	5:45	3.25	16:20	5:01	9	1:27	104	5:45	
Lap 2	3.25	17:47	5:28	13	5:05	108	6:46	6.50	34:07	5:14	9	3:08	106	12:31	
Last lap Finish	3.25	17:55	5:30	13	5:09	111	6:38	9.75	52:02	5:20	13	14:34	106	20:26	