



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Detailed evaluation

### Chirurgie Münsterlingen

Club: Alumni  
Number: 192

Course: 116.80 km  
Sola-Stafette

Category:  
Langsame

Total time: 9:48:21

Speed: 11.83 km/h  
Running performance: 5:02 min/km

Rank in course: 227 (of 790)

Best time in course: 6:52:28

Rank in category: 40(of 477)

Best time in the category: 8:43:10

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hönggerberg        | 4.40     |            | 5:10         | 123         | 5:33        | 287       | 6:56         | 4.40          | 22:45      | 5:10         | 1        | 22:45       | 1         | 22:45        |
| Buchlern           | 13.25    |            | 4:46         | 216         | 15:47       | 446       | 20:17        | 17.65         | 1:26:03    | 4:52         | 1        | 1:26:03     | 1         | 1:26:03      |
| Uetliberg          | 6.20     |            | 5:42         | 86          | 6:10        | 225       | 9:46         | 23.85         | 2:01:25    | 5:05         | 1        | 2:01:25     | 1         | 2:01:25      |
| Felsenegg          | 5.90     |            | 5:36         | 278         | 10:26       | 525       | 13:07        | 29.75         | 2:34:29    | 5:11         | 1        | 2:34:29     | 1         | 2:34:29      |
| Buchlern           | 14.02    |            | 5:16         | 288         | 22:11       | 554       | 26:12        | 43.77         | 3:48:29    | 5:13         | 1        | 3:48:29     | 1         | 3:48:29      |
| Hönggerberg        | 11.10    |            | 4:51         | 101         | 12:06       | 245       | 14:47        | 54.87         | 4:42:25    | 5:08         | 1        | 4:42:25     | 1         | 4:42:25      |
| Irchel             | 5.10     |            | 5:20         | 173         | 8:06        | 381       | 10:26        | 59.97         | 5:09:37    | 5:09         | 1        | 5:09:37     | 1         | 5:09:37      |
| Fluntern           | 6.34     |            | 4:11         | 8           | 2:42        | 40        | 4:47         | 66.31         | 5:36:12    | 5:04         | 1        | 5:36:12     | 1         | 5:36:12      |
| Forch              | 11.30    |            | 5:49         | 355         | 24:17       | 644       | 27:09        | 77.61         | 6:42:01    | 5:10         | 1        | 6:42:01     | 1         | 6:42:01      |
| Egg                | 8.75     |            | 5:10         | 138         | 11:53       | 325       | 13:07        | 86.36         | 7:27:19    | 5:10         | 1        | 7:27:19     | 1         | 7:27:19      |
| Zumikon            | 12.99    |            | 4:29         | 21          | 5:08        | 86        | 11:17        | 99.35         | 8:25:35    | 5:05         | 1        | 8:25:35     | 1         | 8:25:35      |
| Witikon            | 6.91     |            | 4:49         | 225         | 9:29        | 457       | 12:17        | 106.26        | 8:58:54    | 5:04         | 1        | 8:58:54     | 1         | 8:58:54      |
| Fluntern           | 4.90     |            | 5:02         | 148         | 7:52        | 358       | 8:24         | 111.16        | 9:23:37    | 5:04         | 1        | 9:23:37     | 1         | 9:23:37      |
| Control            | -        | fehlt!     | -            | -           | -           | -         | -            | 111.16        | -          | -            | -        | -           | -         | -            |
| Irchel             | 5.64     |            | 4:23         | 43          | 4:31        | 116       | 6:05         | 116.80        | 9:48:21    | 5:02         | 48       | 1:38:09     | 241       | 2:56:25      |