



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Schwarz, Alfred

Club: Team Erdinger Alkoholfrei
Number: 166

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 11:29:34

Speed: 8.70 km/h
Running performance: 6:54 min/km

Rank in course/Total: 61 (of 176)

Rank in course/Men: 54 (of 140)

Best time in course: 8:21:21

Rank in category: 11(of 24)

Best time in the category: 9:30:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:46:30	6:56	16	28:37	73	43:10	23.96	2:46:30	6:56	14	19:01	56	5:56
Floh-Seligenthal	26.92	3:01:10	6:43	12	33:11	73	55:14	50.88	5:47:40	6:49	14	15:56	56	
Finsterbergen	24.12	3:03:11	7:35	12	44:56	64	57:01	75.00	8:50:51	7:04	14	19:37	52	2:35:25
Fröttstädt	25.00	2:38:43	6:20	4	12:22	19	33:18	100.00	11:29:34	6:53	11	1:59:06	54	3:08:13