



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Kaufmann, Rolf

Club: TV Attendorn
Number: 83

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 11:29:33

Speed: 8.70 km/h
Running performance: 6:54 min/km

Rank in course/Total: 60 (of 176)

Rank in course/Men: 53 (of 140)

Best time in course: 8:21:21

Rank in category: 15(of 39)

Best time in the category: 9:01:08

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ruhlaer Skihütte | 23.96 | 2:46:50 | 6:57 | 23 | 25:55 | 76 | 43:30 | 23.96 | 2:46:50 | 6:57 | 36 | | 57 | 6:16 |
| Floh-Seligenthal | 26.92 | 2:53:48 | 6:27 | 14 | 27:18 | 49 | 47:52 | 50.88 | 5:40:38 | 6:41 | 36 | | 57 | |
| Finsterbergen | 24.12 | 2:57:35 | 7:21 | 16 | 49:17 | 53 | 51:25 | 75.00 | 8:38:13 | 6:54 | 34 | | 53 | 2:22:47 |
| Fröttstädt | 25.00 | 2:51:20 | 6:51 | 13 | 45:55 | 42 | 45:55 | 100.00 | 11:29:33 | 6:53 | 15 | 2:28:25 | 53 | 3:08:12 |