



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Fischer, Thomas

Club: RLT Rodgau
Number: 87

Course: 100.00 km
Thüringen Ultra

Category:
Männer M40

Total time: 11:29:31

Speed: 8.70 km/h
Running performance: 6:54 min/km

Rank in course/Total: 58 (of 176)

Rank in course/Men: 52 (of 140)

Best time in course: 8:21:21

Rank in category: 14(of 21)

Best time in the category: 8:21:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:44:44	6:52	14	41:24	67	41:24	23.96	2:44:44	6:52	9	1:32	58	4:10
Floh-Seligenthal	26.92	2:58:20	6:37	14	52:24	63	52:24	50.88	5:43:04	6:44	9	1:49	58	
Finsterbergen	24.12	2:59:41	7:26	15	53:31	60	53:31	75.00	8:42:45	6:58	9	22:20	54	2:27:19
Fröttstädt	25.00	2:46:46	6:40	13	40:51	35	41:21	100.00	11:29:31	6:53	14	3:08:10	52	3:08:10