



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Fischer, Thomas

Club: RLT Rodgau  
Number: 87

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 11:29:31

Speed: 8.70 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 58 (of 176)

Rank in course/Men: 52 (of 140)

Best time in course: 8:21:21

Rank in category: 14(of 21)

Best time in the category: 8:21:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Ruhlaer Skihütte	23.96	2:44:44	6:52	14	67	41:24	41:24	23.96	2:44:44	6:52	9	58	1:32	4:10
Floh-Seligenthal	26.92	2:58:20	6:37	14	63	52:24	52:24	50.88	5:43:04	6:44	9	58	1:49	
Finsterbergen	24.12	2:59:41	7:26	15	60	53:31	53:31	75.00	8:42:45	6:58	9	54	22:20	2:27:19
Fröttstädt	25.00	2:46:46	6:40	13	35	40:51	41:21	100.00	11:29:31	6:53	14	52	3:08:10	3:08:10