



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Lutze, Marcel

Club: Cottbus
Number: 148

Course: 100.00 km
Thüringen Ultra

Category:
Männer M30

Total time: 11:33:42

Speed: 8.65 km/h
Running performance: 6:56 min/km

Rank in course/Total: 62 (of 176)

Rank in course/Men: 55 (of 140)

Best time in course: 8:21:21

Rank in category: 4(of 8)

Best time in the category: 9:39:26

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:40:36	6:42	5	23:19	52	37:16	23.96	2:40:36	6:42	5	22:53	59	0:02
Floh-Seligenthal	26.92	2:54:24	6:28	5	29:44	53	48:28	50.88	5:35:00	6:35	5	37:31	59	
Finsterbergen	24.12	2:54:46	7:14	5	31:00	49	48:36	75.00	8:29:46	6:47	4	1:22:57	55	2:14:20
Fröttstädt	25.00	3:03:56	7:21	4	31:19	59	58:31	100.00	11:33:42	6:56	4	1:54:16	55	3:12:21