



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Reppermund, Anke

Club: LT Hemsbach  
Number: 89

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W40

Total time: 12:06:11

Speed: 8.26 km/h  
Running performance: 7:16 min/km

Rank in course/Total: 80 (of 176)

Rank in course/Women: 10 (of 36)

Best time in course: 9:26:20

Rank in category: 3(of 12)

Best time in the category: 9:26:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	2:48:54	7:02	3	27:25	11	27:48	23.96	2:48:54	7:02	3	27:25	29	
Floh-Seligenthal	26.92	2:51:22	6:21	3	24:19	7	24:19	50.88	5:40:16	6:41	3	51:44	29	
Finsterbergen	24.12	3:03:54	7:37	3	46:59	10	46:59	75.00	8:44:10	6:59	3	1:38:43	18	
Fröttstädt	25.00	3:22:01	8:04	4	1:01:08	12	1:01:08	100.00	12:06:11	7:15	3	2:39:51	10	2:39:51