



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Schlüter, Eva

Club: 100 Marathon Club
Number: 57

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W40

Total time: 12:15:04

Speed: 8.16 km/h
Running performance: 7:21 min/km

Rank in course/Total: 86 (of 176)

Rank in course/Women: 11 (of 36)

Best time in course: 9:26:20

Rank in category: 4(of 12)

Best time in the category: 9:26:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	2:49:22	7:04	4	27:53	12	28:16	23.96	2:49:22	7:04	4	27:53	31	
Floh-Seligenthal	26.92	3:12:04	7:08	4	45:01	15	45:01	50.88	6:01:26	7:06	4	1:12:54	31	
Finsterbergen	24.12	3:15:15	8:05	4	58:20	14	58:20	75.00	9:16:41	7:25	4	2:11:14	29	
Fröttstädt	25.00	2:58:23	7:08	3	37:30	9	37:30	100.00	12:15:04	7:21	4	2:48:44	11	2:48:44