



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Tiedemann, Günter

Club: TSV Hollen
Number: 11

Course: 100.00 km
Thüringen Ultra

Category:
Männer M60

Total time: 12:28:08

Speed: 8.02 km/h
Running performance: 7:29 min/km

Rank in course/Total: 94 (of 176)

Rank in course/Men: 81 (of 140)

Best time in course: 8:21:21

Rank in category: 2(of 11)

Best time in the category: 11:51:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:47:05	6:58	1	-	77	43:45	23.96	2:47:05	6:58	2		85	6:31
Floh-Seligenthal	26.92	2:56:31	6:33	1	-	59	50:35	50.88	5:43:36	6:45	2		85	
Finsterbergen	24.12	3:18:01	8:12	3	19:13	90	1:11:51	75.00	9:01:37	7:13	2	10:28	81	2:46:11
Fröttstädt	25.00	3:26:31	8:15	4	25:44	89	1:21:06	100.00	12:28:08	7:28	2	36:12	81	4:06:47