



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Jensch, Volkmar

Club: Teltow
Number: 134

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 12:35:30

Speed: 7.94 km/h
Running performance: 7:34 min/km

Rank in course/Total: 96 (of 176)

Rank in course/Men: 83 (of 140)

Best time in course: 8:21:21

Rank in category: 16(of 24)

Best time in the category: 9:30:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:45:20	6:54	14	27:27	71	42:00	23.96	2:45:20	6:54	9	17:51	87	4:46
Floh-Seligenthal	26.92	3:02:08	6:45	14	34:09	76	56:12	50.88	5:47:28	6:49	9	15:44	87	
Finsterbergen	24.12	3:13:46	8:02	16	55:31	86	1:07:36	75.00	9:01:14	7:12	9	30:00	83	2:45:48
Fröttstädt	25.00	3:34:16	8:34	18	1:07:55	95	1:28:51	100.00	12:35:30	7:33	16	3:05:02	83	4:14:09