



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Schlüter, Gabriel

Club: 100 Marathon Club  
Number: 63

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M60

Total time: 12:54:25

Speed: 7.75 km/h  
Running performance: 7:44 min/km

Rank in course/Total: 103 (of 176)

Rank in course/Men: 89 (of 140)

Best time in course: 8:21:21

Rank in category: 4(of 11)

Best time in the category: 11:51:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:52:17	7:11	4	5:12	89	48:57	23.96	2:52:17	7:11	4		93	11:43
Floh-Seligenthal	26.92	3:09:45	7:02	4	13:14	85	1:03:49	50.88	6:02:02	7:06	4	9:41	93	7:36
Finsterbergen	24.12	3:17:02	8:10	2	18:14	89	1:10:52	75.00	9:19:04	7:27	4	27:55	89	3:03:38
Fröttstädt	25.00	3:35:21	8:36	5	34:34	96	1:29:56	100.00	12:54:25	7:44	4	1:02:29	89	4:33:04