



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Kathöwer, Robert

Club: Eldagsen  
Number: 138

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M35

Total time: 13:17:33

Speed: 7.52 km/h  
Running performance: 7:59 min/km

Rank in course/Total: 110 (of 176)

Rank in course/Men: 95 (of 140)

Best time in course: 8:21:21

Rank in category: 10(of 15)

Best time in the category: 8:32:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:43:16	6:48	8	39:55	62	39:56	23.96	2:43:16	6:48	10	39:55	99	2:42
Floh-Seligenthal	26.92	3:16:35	7:18	10	1:10:13	101	1:10:39	50.88	5:59:51	7:04	10	1:50:08	99	5:25
Finsterbergen	24.12	3:23:15	8:25	11	1:14:45	95	1:17:05	75.00	9:23:06	7:30	10	3:04:53	95	3:07:40
Fröttstädt	25.00	3:54:27	9:22	11	1:40:29	112	1:49:02	100.00	13:17:33	7:58	10	4:45:22	95	4:56:12