



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Michaelis, Brian

Club: Wennigsen  
Number: 64

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M30

Total time: 13:17:32

Speed: 7.52 km/h  
Running performance: 7:59 min/km

Rank in course/Total: 109 (of 176)

Rank in course/Men: 94 (of 140)

Best time in course: 8:21:21

Rank in category: 6(of 8)

Best time in the category: 9:39:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:43:16	6:48	6	25:59	62	39:56	23.96	2:43:16	6:48	7	25:33	99	2:42
Floh-Seligenthal	26.92	3:16:34	7:18	7	51:54	100	1:10:38	50.88	5:59:50	7:04	7	1:02:21	100	5:24
Finsterbergen	24.12	3:23:16	8:25	7	59:30	96	1:17:06	75.00	9:23:06	7:30	6	2:16:17	95	3:07:40
Fröttstädt	25.00	3:54:26	9:22	6	1:21:49	111	1:49:01	100.00	13:17:32	7:58	6	3:38:06	94	4:56:11