



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Weiss, Heidi

Club: Grenchen
Number: 188

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W50

Total time: 14:02:41

Speed: 7.12 km/h
Running performance: 8:26 min/km

Rank in course/Total: 132 (of 176)

Rank in course/Women: 22 (of 36)

Best time in course: 9:26:20

Rank in category: 4(of 5)

Best time in the category: 11:25:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	3:01:19	7:34	4	16:21	18	40:13	23.96	3:01:19	7:34	4	16:21	7	
Floh-Seligenthal	26.92	3:24:57	7:36	4	39:04	19	57:54	50.88	6:26:16	7:35	4	55:25	7	
Finsterbergen	24.12	3:38:34	9:03	4	43:18	23	1:21:39	75.00	10:04:50	8:03	4	1:34:10	6	
Fröttstädt	25.00	3:57:51	9:30	5	1:12:35	27	1:36:58	100.00	14:02:41	8:25	4	2:37:26	22	4:36:21