



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Mintgen, Dietmar

Club: Team Erdinger Alkoholfrei  
Number: 173

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M55

Total time: 14:10:24

Speed: 7.06 km/h  
Running performance: 8:30 min/km

Rank in course/Total: 135 (of 176)

Rank in course/Men: 112 (of 140)

Best time in course: 8:21:21

Rank in category: 13(of 14)

Best time in the category: 10:44:52

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Ruhlaer Skihütte	23.96	3:09:01	7:53	14	37:42	118	1:05:41	23.96	3:09:01	7:53	14	28:27	117	28:27
Floh-Seligenthal	26.92	3:40:09	8:10	14	54:12	123	1:34:13	50.88	6:49:10	8:02	14	54:44	117	54:44
Finsterbergen	24.12	3:36:41	8:59	12	56:34	109	1:30:31	75.00	10:25:51	8:20	13	2:28:28	113	4:10:25
Fröttstädt	25.00	3:44:33	8:58	11	1:02:22	105	1:39:08	100.00	14:10:24	8:30	13	3:25:32	112	5:49:03