



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Näfe, Michaela

Club: TSV 1888 Falkenau
Number: 103

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W35

Total time: 14:14:42

Speed: 7.02 km/h
Running performance: 8:33 min/km

Rank in course/Total: 140 (of 176)

Rank in course/Women: 26 (of 36)

Best time in course: 9:26:20

Rank in category: 3(of 3)

Best time in the category: 10:26:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	3:13:01	8:03	3	50:21	26	51:55	23.96	3:13:01	8:03	3	50:21	11	
Floh-Seligenthal	26.92	3:52:17	8:37	3	1:14:53	33	1:25:14	50.88	7:05:18	8:21	3	2:05:14	11	0:01
Finsterbergen	24.12	3:28:30	8:38	2	44:52	16	1:11:35	75.00	10:33:48	8:27	3	2:50:06	1	-
Fröttstädt	25.00	3:40:54	8:50	2	58:18	24	1:20:01	100.00	14:14:42	8:32	3	3:48:24	25	4:48:22