



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Kohler, Melanie

Club: LG DUV
Number: 4

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W40

Total time: 14:35:23

Speed: 6.85 km/h
Running performance: 8:45 min/km

Rank in course/Total: 145 (of 176)

Rank in course/Women: 28 (of 36)

Best time in course: 9:26:20

Rank in category: 11(of 12)

Best time in the category: 9:26:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	3:20:03	8:20	12	58:34	31	58:57	23.96	3:20:03	8:20	11	58:34	13	7:01
Floh-Seligenthal	26.92	3:40:30	8:11	10	1:13:27	29	1:13:27	50.88	7:00:33	8:15	11	2:12:01	13	
Finsterbergen	24.12	3:37:52	9:01	7	1:20:57	22	1:20:57	75.00	10:38:25	8:30	11	3:32:58	12	4:37
Fröttstädt	25.00	3:56:58	9:28	10	1:36:05	26	1:36:05	100.00	14:35:23	8:45	11	5:09:03	28	5:09:03