



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Kretzschmar, Bernd

Club: SV Dachwig  
Number: 122

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 15:28:15

Speed: 6.46 km/h  
Running performance: 9:17 min/km

Rank in course/Total: 156 (of 176)

Rank in course/Men: 126 (of 140)

Best time in course: 8:21:21

Rank in category: 37(of 39)

Best time in the category: 9:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:17:39	8:14	36	56:44	126	1:14:19	23.96	3:17:39	8:14	19		131	37:05
Floh-Seligenthal	26.92	3:51:23	8:35	39	1:24:53	130	1:45:27	50.88	7:09:02	8:25	19	21:39	131	1:14:36
Finsterbergen	24.12	4:02:01	10:02	36	1:53:43	129	1:55:51	75.00	11:11:03	8:56	18	1:07:20	127	4:55:37
Fröttstädt	25.00	4:17:12	10:17	36	2:11:47	121	2:11:47	100.00	15:28:15	9:16	37	6:27:07	126	7:06:54