



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Iorio, Gennaro

Club: die-windhunde
Number: 33

Course: 100.00 km
Thüringen Ultra

Category:
Männer M30

Total time: 15:53:43

Speed: 6.29 km/h
Running performance: 9:32 min/km

Rank in course/Total: 162 (of 176)

Rank in course/Men: 132 (of 140)

Best time in course: 8:21:21

Rank in category: 7(of 8)

Best time in the category: 9:39:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:25:57	8:35	8	1:08:40	136	1:22:37	23.96	3:25:57	8:35	8	1:08:14	136	45:23
Floh-Seligenthal	26.92	3:56:38	8:47	8	1:31:58	136	1:50:42	50.88	7:22:35	8:41	8	2:25:06	136	1:28:09
Finsterbergen	24.12	4:12:23	10:27	8	1:48:37	131	2:06:13	75.00	11:34:58	9:15	7	4:28:09	132	5:19:32
Fröttstädt	25.00	4:18:45	10:20	7	1:46:08	122	2:13:20	100.00	15:53:43	9:32	7	6:14:17	132	7:32:22