



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Kwaschneck, Klaus

Club: Brauns - Heimann  
Number: 73

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 17:15:40

Speed: 5.79 km/h  
Running performance: 10:22 min/km

Rank in course/Total: 168 (of 176)

Rank in course/Men: 135 (of 140)

Best time in course: 8:21:21

Rank in category: 23(of 24)

Best time in the category: 9:30:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:44:15	9:21	24	1:26:22	140	1:40:55	23.96	3:44:15	9:21	2	1:16:46	140	1:03:41
Floh-Seligenthal	26.92	4:17:03	9:32	23	1:49:04	139	2:11:07	50.88	8:01:18	9:27	2	2:29:34	140	2:06:52
Finsterbergen	24.12	4:35:51	11:26	23	2:17:36	136	2:29:41	75.00	12:37:09	10:05	2	4:05:55	136	6:21:43
Fröttstädt	25.00	4:38:31	11:08	22	2:12:10	130	2:33:06	100.00	17:15:40	10:21	23	7:45:12	135	8:54:19