



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Kothe, Liesel

Club: Distel-Walker

Number: 589

Course: 5.00 km

Nordic Walking

Total time: 54:28

Speed: 5.51 km/h

metres in height up: 72

Course score: 6.08

performance score: 34 Points