



9. Unnaer Walking Day

Unna / 03.07.2011

Detailed evaluation

Süss, Gerd

Club: VfL Bochum 1848 Leichtathletik e.V.

Number: 1189

Course: 10.00 km

Nordic Walking

Total time: 1:08:00

Speed: 8.82 km/h

metres in height up: 135

Course score: 12.03

performance score: 106 Points