



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Weinberger, Rolf

Club: Viba Anschütz

Number: 393

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M55

Total time: 56:54

Speed: 10.54 km/h

Running performance: 5:25 min/km

Rank in course/Total: 70 (of 110)

Rank in course/Men: 62 (of 86)

Best time in course: 37:08

Rank in category: 7(of 11)

Best time in the category: 47:38