



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Reiche, Frank

Club: Motor Arnstadt

Number: 335

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 57:04

Speed: 10.51 km/h

Running performance: 5:26 min/km

Rank in course/Total: 71 (of 110)

Rank in course/Men: 63 (of 86)

Best time in course: 37:08

Rank in category: 13(of 16)

Best time in the category: 39:56