



## 6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

### Detailed evaluation

**Richter, Konrad**

Club: SV Sömmerda

Number: 387

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M60

Total time: 57:06

Speed: 10.51 km/h

Running performance: 5:26 min/km

Rank in course/Total: 72 (of 110)

Rank in course/Men: 64 (of 86)

Best time in course: 37:08

Rank in category: 4(of 5)

Best time in the category: 45:46