



## 6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

### Detailed evaluation

**Schmidt, Rainer**

Club: Ronneburg

Number: 386

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M70

Total time: 1:04:10

Speed: 9.35 km/h

Running performance: 6:07 min/km

Rank in course/Total: 94 (of 110)

Rank in course/Men: 81 (of 86)

Best time in course: 37:08

Rank in category: 3(of 3)

Best time in the category: 58:43