



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Ludwig, Eckhard

Club: Bad Berka

Number: 328

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M55

Total time: 1:06:31

Speed: 9.47 km/h

Running performance: 6:20 min/km

Rank in course/Total: 99 (of 110)

Rank in course/Men: 82 (of 86)

Best time in course: 37:08

Rank in category: 11(of 11)

Best time in the category: 47:38