



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Ziermann, Ute

Club: Arnstadt

Number: 226

Course: 10.50 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:46:45

Speed: 5.62 km/h

Running performance: 10:10 min/km

Rank in course/Total: 4 (of 4)

Rank in course/Women: 2 (of 2)

Best time in course: 1:32:36

Rank in category: 2(of 2)

Best time in the category: 1:32:36