



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Fritsch, Alexander

Club: LSV Lok Arnstadt

Number: 359

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M20

Total time: 37:08

Speed: 16.16 km/h

Running performance: 3:32 min/km

Rank in course/Total: 1 (of 110)

Rank in course/Men: 1 (of 86)

Best time in course: 37:08

Rank in category: 1(of 11)

Best time in the category: 37:08