



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Meinecke, Thomas

Club: SV TU Ilmenau

Number: 315

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 39:56

Speed: 15.03 km/h

Running performance: 3:48 min/km

Rank in course/Total: 3 (of 110)

Rank in course/Men: 3 (of 86)

Best time in course: 37:08

Rank in category: 1(of 16)

Best time in the category: 39:56