



## 6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

### Detailed evaluation

Letsch, Patrick

Club: ASV Erfurt

Number: 380

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M20

Total time: 40:21

Speed: 14.87 km/h

Running performance: 3:50 min/km

Rank in course/Total: 4 (of 110)

Rank in course/Men: 4 (of 86)

Best time in course: 37:08

Rank in category: 3(of 11)

Best time in the category: 37:08