



## 6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

### Detailed evaluation

**Schwarz, Wolfgang**

Club: WSV Ilmenau 1908

Number: 366

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M30

Total time: 44:19

Speed: 13.54 km/h

Running performance: 4:13 min/km

Rank in course/Total: 10 (of 110)

Rank in course/Men: 10 (of 86)

Best time in course: 37:08

Rank in category: 2(of 5)

Best time in the category: 43:53