



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Kohl, Veit

Club: PFC Ilmenau e.V.90

Number: 352

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M40

Total time: 45:29

Speed: 13.85 km/h

Running performance: 4:20 min/km

Rank in course/Total: 14 (of 110)

Rank in course/Men: 13 (of 86)

Best time in course: 37:08

Rank in category: 2(of 11)

Best time in the category: 45:06