



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

wahl, martin

Club: wsv oberhof

Number: 336

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M60

Total time: 45:46

Speed: 13.11 km/h

Running performance: 4:22 min/km

Rank in course/Total: 15 (of 110)

Rank in course/Men: 14 (of 86)

Best time in course: 37:08

Rank in category: 1(of 5)

Best time in the category: 45:46