



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Heinze, Juliane

Club: AC Apolda

Number: 311

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W20

Total time: 46:07

Speed: 13.01 km/h

Running performance: 4:23 min/km

Rank in course/Total: 16 (of 110)

Rank in course/Women: 2 (of 24)

Best time in course: 44:41

Rank in category: 2(of 6)

Best time in the category: 44:41