



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Härtl, Anke

Club: TV 1848 Coburg

Number: 399

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W45

Total time: 46:42

Speed: 13.49 km/h

Running performance: 4:27 min/km

Rank in course/Total: 18 (of 110)

Rank in course/Women: 3 (of 24)

Best time in course: 44:41

Rank in category: 1(of 4)

Best time in the category: 46:42