



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Hofmann, Mario

Club: TSV 1880 Elgersburg

Number: 348

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M40

Total time: 46:45

Speed: 13.48 km/h

Running performance: 4:27 min/km

Rank in course/Total: 19 (of 110)

Rank in course/Men: 16 (of 86)

Best time in course: 37:08

Rank in category: 3(of 11)

Best time in the category: 45:06